978-458-6064
parentaltips@healthy-futures.org

6th GRADE NOTIFICATION LETTER

Dear Parent/Guardian,

You may be aware that in the near future your child will have the opportunity to participate in the Healthy Futures Nu-CULTURE relationship education program. A major component of this program is to provide an 8-day presentation to students in middle schools.

If you have a student in the 6th grade, the Nu-CULTURE curriculum includes lessons on the following topics:

- Healthy Relationships
- Qualities of a Friend
- Healthy Decision Making
- Assertiveness and Refusal Skills
- Conflict Resolution
- Puberty
- Anatomy and Reproduction
- Positive Personal Character Traits and Emotional Needs
- Sexual Abuse/Cyber Bullying

Our goal is to support parents by reinforcing the messages that students are hearing at home. Our lessons are age appropriate and medically accurate and are presented in a way that is respectful of your values. We recognize that you are the primary educator of your child when it comes to these sensitive topics and that each family has a unique way of approaching these subjects. For these reasons, we offer resources to parents that are aimed at empowering you to speak openly about these issues.

If you have any further questions about the Nu-CULTURE curriculum or your child's involvement in the program, we would be happy to discuss them with you. We want you to feel comfortable with what we teach, and are confident that you will once any concerns you may have are clarified.

Sincerely,

Rhea Gordon
Executive Director
Healthy Futures

_____
Principal/Facilitator

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Please sign below and have your child return this form the next school day. If we do not receive this form back from you, your child will not be able to participate in the program.

6th GRADE NOTIFICATION LETTER

Would you like your child to participate in the Healthy Futures Nu-CULTURE program? ___ Yes ___ No

I do/do not *(circle one)* wish to have my son/daughter _____ participate
Name of son/daughter

in the Healthy Futures Nu-CULTURE program.

_____
Parent/Guardian signature