

PARENT CONNECTION FORM

Session 6.4: Appropriate Behavior

Dear Parent or Guardian,

During middle school, many teenagers begin to develop romantic feelings or crushes. In addition to reviewing our puberty discussion from our last session, today's session focused on what behaviors are appropriate for middle school students. Please review the following exercises with your son or daughter, then sign the bottom portion of this form and have your child return it at the next session.

Sincerely,

Rhea Gordon
Executive Director
Healthy Futures



Principal/Facilitator

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1. "Inappropriate" means anything that can make someone feel _____

or _____.

2. Be careful about flirting because flirting can lead to _____.

3. What is the most appropriate way to show that you care for somebody?

4. "Love" is a word that can be hard to define. Today we talked about 5 different types. What are they?

_____ I love playing video games.

_____ I really look up to pro athletes.

_____ My favorite thing to do is to spend time with my older sister and my best friend.

_____ The new kid in my class is so cute! I hope he/she asks me to the dance.

_____ My parents have been together for over twenty years.

Setting boundaries around issues like dating is a great way to help protect your teenager. Having a talk with them about your expectations will help them know what to do in certain circumstances and even provides them with a great excuse if they find themselves in an uncomfortable situation.

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My child, _____ and I discussed this handout.
First Name Last Name

Signature of Parent or Guardian

Date

Email Address (Please Print Clearly)

Parent or Guardian (Print Name)

School Name