

PARENT CONNECTION FORM

Dear Parent or Guardian,

The goal of today's Healthy Futures Nu-CULTURE session was to make sure your teen understands that contracting a sexually transmitted infection (STI) is a risk of engaging in sexual activity. Some infections are permanent (meaning the carrier has them for life), and can seriously affect one's life. Many STIs spread quickly and without knowledge. Please discuss this form with your teen to make sure he or she understands the seriousness of today's lesson. Once you have, sign the bottom and have your son or daughter return it during the next session.

Sincerely,

Rhea Gordon
Executive Director
Healthy Futures

Principal/Facilitator



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1. Two types of STI's discussed today are infections caused by b_____ or
V_____ and are spread by sexual activity.

Which type is incurable (i.e., you have it for life)?

2. If left untreated, Gonorrhea and Chlamydia may cause P_____
I_____ D_____ in females, which can
result in infertility or death.

3. Give two examples each of viral and bacterial STI's.

The Big 3:

- STIs spread quickly and easily.
- The most common symptom of an STI is no symptom. If you have been sexually active, get tested!
- Choosing not to have sex (vaginal, oral, anal, or intercourse) until you are in a faithful lifelong relationship is the only 100% way to protect yourself from STIs. If you are sexually active, or in a faithful lifelong relationship with someone who has an STI, it is important to use a condom every time to reduce the risk of spreading the STI.

PARENT CONNECTION FORM

My child, _____ and I discussed this handout.
First Name Last Name

Signature of Parent or Guardian

Date

Email Address (Please Print Clearly)

Parent or Guardian (Print Name)

School Name