

PARENT/TRUSTED ADULT CONNECTION FORM

Session 7.2: Basic Human Needs, Levels of Friendship

Dear Parent or Guardian,

This is a developmental period in your child's life when they are shifting from their connections with their family to a major emphasis on peer relationships. Today we discussed that, up until this point in your child's life, they have relied solely on you as parents for fulfillment of their physical and emotional needs. However, as they are growing older, they will be relying more on these needs being met by their peers. The students learned healthy ways for these needs to be met by their peers, as well as healthy levels of interaction with individuals in their face-to-face interactions, as well as online interactions, depending on their level of relationship with someone.

Sincerely,

Rhea Gordon
Executive Director
Healthy Futures

Principal/Facilitator



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1. Name one physical need.

2. Name one emotional need.

3. What is the difference between an acquaintance and a friend?

4. What are 3 qualities or characteristics of a good friend?

5. True or false: It is ALWAYS the right thing to do to set your entire profile to private and NEVER add someone you don't know in real life as a friend.

You recognize that this is a time when your child will begin pulling away from you. However, this does not mean that you should not stay involved. Do you know your child's friends? Do you know how they spend their time online on social networking sites? These relationships may shape your child's future, so it is important to stay informed and involved.

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My child, _____ and I discussed this handout.
First Name Last Name

Signature of Parent or Guardian

Date

Email Address (Please Print Clearly)

Parent or Guardian (Print Name)

School Name