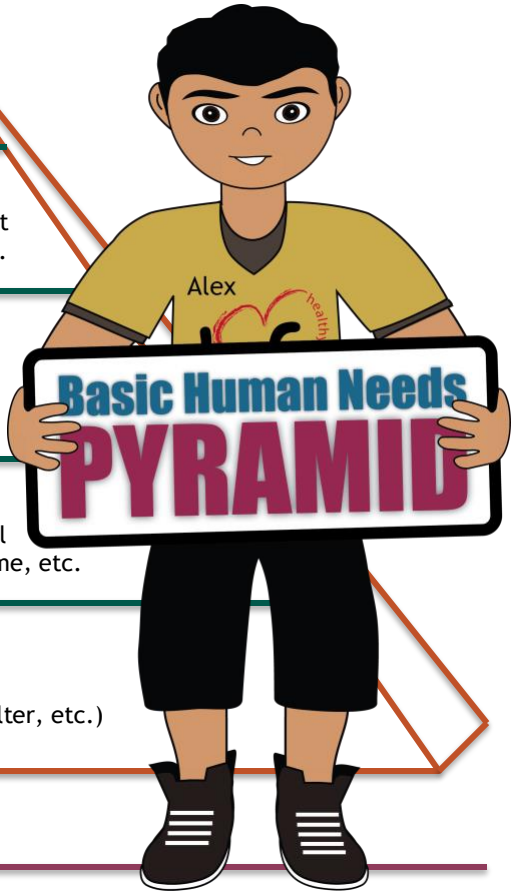
**1** **Meaning and Identity:**
People who make you feel good about who you are and who you want to be.

**2** **Acceptance and Love:**
People in our lives who we care about and who make us feel like we belong.

**3** **Social:**
People you talk to and interact with on a regular basis.

**4** **Safety and Stability:**
The people and things in your life that make you feel comfortable in your surroundings. Laws, rules, a stable home, etc.

**5** **Basic Needs:**
The things in your life you require to survive (e.g., water, food, shelter, etc.)




Fill in the blanks as the educator covers this in class.

Which people in your life meet each level of need? List two or three for each category.

**Level 5:** _____

**Level 4:** _____

**Level 3:** _____

**Level 2:** _____

**Level 1:** _____



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