

Contraception

1. If 100 couples had vaginal sex for a year, and did not use any form of contraception (i.e., birth control), _____ % would become pregnant.
2. _____ is choosing not to have sex. Being able to communicate this with your partner is important. This method is 100% effective in preventing pregnancy and STIs.
3. This non-hormonal method fits over a male's penis. This acts as a barrier so that sperm or infections can't get passed between partners during sexual activity. This method is 82% effective at preventing pregnancy with typical use.
What is it? _____
4. This hormonal method is taken each day and is 91% effective in preventing pregnancy. This can also be prescribed for acne and painful periods.
What is it? _____
5. The _____ is worn on the lower abdomen, buttocks, or upper body of a female once a week for three weeks and releases the hormones progestin and estrogen in to the blood stream.
6. Depo Provera, or, _____ is when a female receives a dose of the hormone progestin in her buttocks or arm from a doctor and is 94% effective against pregnancy.
7. This non-hormonal or hormonal method is a small, T-shaped device that a doctor places inside a female's uterus to prevent pregnancy. The non-hormonal version is 99.2% effective in preventing pregnancy and the hormonal version is 99.8%-effective in preventing pregnancy.
What is it? _____
8. This is an emergency form of contraception and taken up to five days after being sexually active if no birth control method is used or if the method failed. If a female is already pregnant this method does not work.
What is it? _____

