



# Affirmation

Positive statements  
from others

## Scenario

John says something nice about Jacob because he is a good person. In return, Jacob also says something nice back to him.

## Skit

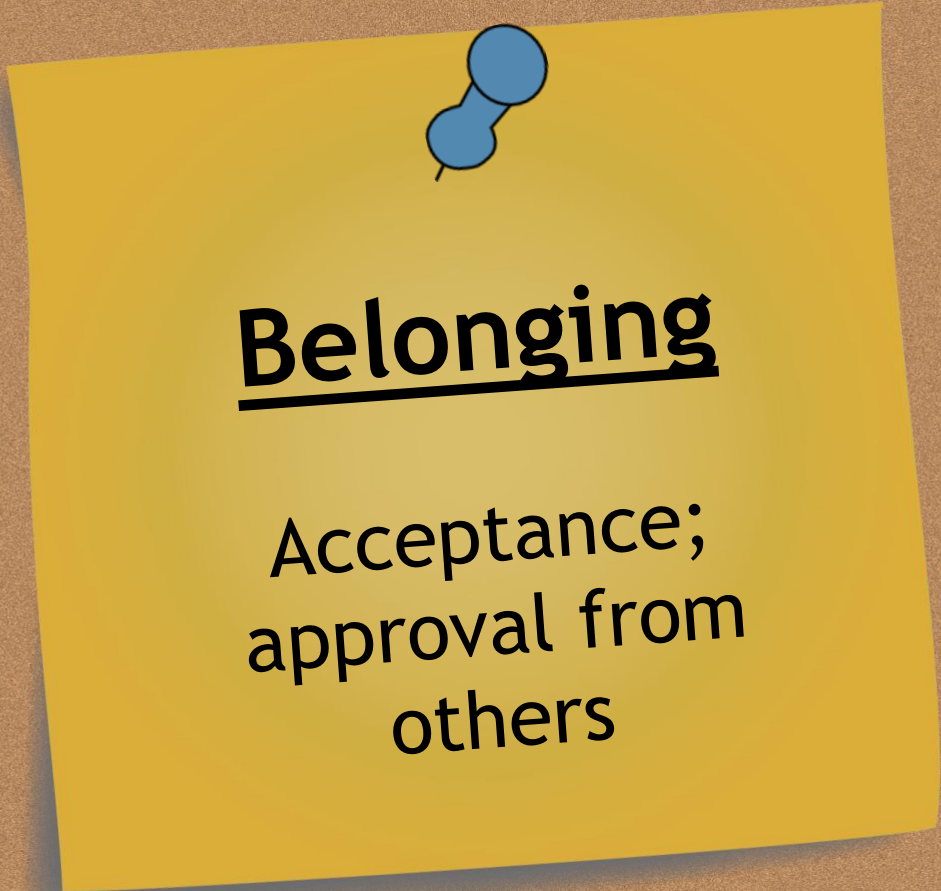
**John:** Hey Jacob, how are you doing?

**Jacob:** I'm doing great, thanks for asking!

**John:** Did I ever tell you that you are a great friend?

**Jacob:** No, I don't think so.

**John:** Well, I'm telling you now. I think you tell funny jokes, too. I'm always laughing when I'm around you.



# Belonging

Acceptance;  
approval from  
others

## Scenario

Two friends are talking and decide to go to the mall this weekend. One of them suggests calling another friend to come along as well.

## Skit

**Kayla:** Hey Jill! Do you want to go the mall this weekend?

**Jill:** Yeah, I would love to go. Let's call up Brittany to see if she wants to go, too.

**Kayla:** That sounds good.

**Jill:** *(Calls Brittany)* Hello Brittany, it's Jill. Do you want to go the mall with me and Kayla this weekend?

**Brittany:** Sure! Thanks for inviting me! I'll see you both on Saturday.



# Guidance

Advice from  
Others; direction

## Scenario

Kyle is on his way to class with his friend Paul who is an 8th grader. Kyle spots a wallet on the floor, picks it up, and opens it. There is no I.D. in it, but there is some cash. Kyle seeks advice on what he should do with the wallet from his friend Paul.

## Skit

**Kyle:** Paul! Look at this, it's a wallet. And there's \$40 bucks in it! Score! What do you think I should do with it?

**Paul:** We should go to McDonalds!

**Kyle:** Yeah, I am hungry.

**Paul:** Kyle, I'm just kidding. You should seriously take that to the front office...maybe even the principal. I'm sure someone's looking for it. Stealing is always wrong and you don't want to get mixed up in that.

**Kyle:** Yeah, you're right. I'll take it to the office right now before class starts. I'll see you later.



# Recognition

Attention or  
favorable notice  
from others

## Scenario

A mother tells her son how proud she is of him for getting good grades and working hard in school. She takes him out to celebrate.

## Skit

**Mom:** Honey, thank you so much for getting good grades this term. I know you work so hard and I am very proud of you.

**Son:** You're welcome! Thanks for helping me out with my assignments sometimes.

**Mom:** What do you say we go celebrate by getting some fried ice cream?

**Son:** Yes! That's my favorite. Let's go!



# Respect

Consideration from  
others and showing  
consideration to  
others

## Scenario

Michelle likes to write in her private journal daily. Her sister Karen sometimes goes to her room and play with her stuff. One day she finds her sister reading her journal.

## Skit

**Michelle:** Karen! Why are you in my room and why are you reading my journal?

**Karen:** Oooo! You think this boy in math class is cute!

**Michelle:** Karen get OUT of my room!

**Karen:** *(laughs)* Fine, but I know all about your little secret! *(Continue laughing as she leaves Michelle's room)*

**Michelle:** Well, I'm going to tell mom! *(Michelle stomps off to tell her mom)*



# Safety

Safe and secure  
from harm;  
feeling protected

## Scenario

Jenny is walking in the hall after class when Lulu, an 8th grader, bumps her and calls her a nerd. Jenny's teacher sees this and addresses Lulu's behavior. Lulu tries to say she was just joking. Jenny's teacher explains to Lulu that no one deserves to be picked on. Jenny's teacher takes Lulu to the principal's office

## Skit

**Lulu:** *(bumps Jenny intentionally as she passes her in the hallway)* Oh, it's Jenny, the NERD.

**Teacher:** Hey! I saw that! *(walks toward Lulu and Jenny)* This school is a bully-free zone. We do not tolerate that type of behavior here.

**Lulu:** Geeze, I was just playing around.

**Teacher:** Regardless, no one deserves to be picked on like that. Bullying is not a harmless game, young lady. Come with me. We're going to visit the principal's office.



# Support

Words and actions  
that lets you know  
that others will help  
you and stand up  
for you

## Scenario

JJ falls in the mud in front of everyone at school. His friend TJ laughs at him and makes fun of him.

## Skit

JJ: Oh no! (*slips and falls into the mud*) Aw, gross! I'm covered in mud!

TJ: (*laughing*) I can't believe you just fell into that. You didn't even see it and it was right in front of you!

JJ: It isn't funny, ok?

TJ: (*still laughing*) Man, you are so clumsy!

JJ: Gee, thanks a lot, TJ. Some friend you are.

JJ: (*still laughing*) No problem!



## Unconditional Love

Love without  
judgment;  
both physical and  
emotional affection

## Scenario

Izaiah took the long way home from school and gets in trouble with his mom. His mom is upset but reminds him that she still loves him.

## Skit

**Mom:** My goodness, Izaiah! Where have you been?

**Izaiah:** I'm sorry, Mom. I walked the long way home from school.

**Mom:** I have been worried sick! You are grounded for the weekend-no video games or computer.

**Izaiah:** Aw, man. That stinks.

**Mom:** Don't worry me like that again, honey. But remember, I worry because I love you so much.

**Izaiah:** I know. I love you too, mom.