

Pregnancy Testing Sites

Thinking about hurting yourself
or know someone who is?



Suicide Prevention Hotlines

National Hopeline Network
1-800-784-2433 (24 hour)

National Suicide Prevention Lifeline
1-800-273-8255 (24 hour)

Samaritans-Statewide
1-877-870-4673 (24 hour)
617-247-0220 (24 hour)

Youth America Hotline
Counseling by Teens for Teens
1-877-968-8454

Haverhill-North Essex
Mental Health Center
1-800-281-3223



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www.healthy-futures.org

Do you know
where to go?

- Domestic/Dating Violence Resources
- STI Testing Sites
- Pregnancy Testing Sites
- Suicide Prevention Hotlines



7th Grade Curriculum
Resource Brochure

If you need to get tested for an STI...

Call ahead. Ask if there is anything you need to do in advance. For example, if blood work needs to be drawn, they may ask you not to eat for a period of time. Be sure to check office hours and whether the location is walk-in or by appointment only. Ask about payments and fees (some places offer free services while others do not).

Prepare your information. Write down symptoms you've experienced (as well as your partner) and for how long. Make a list of all recent sex partners. This includes any sexual contact (outercourse, intercourse, oral sex, and anal sex). Make a list of your key medical information including medications, other conditions you've been treated for, etc.

Write down questions to ask.

- Which test do you recommend?
- Should I be tested for other STIs/STDs?
- Am I contagious? How can I reduce the risk of passing this infection to others?
- Should my partner be tested?
- Am I likely to have future breakouts?
- Are there any brochures/materials I can take home with me? Are there any websites you recommend visiting?

Ask for clarification if you don't understand anything during your appointment.

STI Testing Locations

Domestic/Dating Violence Resources