



Affirmation

Positive statements
from others

Scenario

John says something nice about Nala. Nala is a good person. In return, Nala also says something nice back.

Skit

John: Hey Nala, how are you doing?

Nala: I'm doing great, thanks for asking!

John: Did I ever tell you that you are a great friend?

Nala: No, I don't think so.

John: Well, I'm telling you now. I think you tell funny jokes, too. I'm always laughing when I'm around you.



Belonging

Acceptance;
approval from
others

Scenario

Two friends are talking and decide to go to the mall this weekend. One of them suggests calling another friend to come along as well.

Skit

Kayla: Hey Jill! Do you want to go the mall this weekend?

Jill: Yeah, I would love to go. Let's call up Jose to see if they wants to go, too.

Kayla: That sounds good.

Jill: *(Calls Jose)* Hello Jose, it's Jill. Do you want to go the mall with me and Kayla this Saturday?

Jose: Sure! Thanks for inviting me! I'll see you both on Saturday.

Guidance
Advice from
Others; direction

Scenario

Kyle is on their way to class with a friend Paul who is an 8th grader. Kyle spots a wallet on the floor, picks it up, and opens it. There is no I.D. in it, but there is some cash. Kyle seeks advice on what to do with the wallet from Paul.

Skit

Kyle: Paul! Look at this, it's a wallet. And there's \$40 bucks in it! Score! What do you think I should do with it?

Paul: We should go to McDonalds!

Kyle: Yeah, I am hungry.

Paul: Kyle, I'm just kidding. You should seriously take that to the front office...maybe even the principal. I'm sure someone's looking for it. Stealing is always wrong and you don't want to get mixed up in that.

Kyle: Yeah, you're right. I'll take it to the office right now before class starts. I'll see you later.



Recognition

Attention or
favorable notice
from others

Scenario

A father tells their daughter how proud they are of them for getting good grades and working hard in school. The father takes them out to celebrate.

Skit

Father: Honey, thank you so much for getting good grades this term. I know you work so hard and I am very proud of you.

Daughter: You're welcome! Thanks for helping me out with my assignments sometimes.

Father: What do you say we go celebrate by getting some fried ice cream?

Daughter Yes! That's my favorite. Let's go!



Respect

Consideration from
others and showing
consideration to
others

Scenario

Michelle likes to write in her private journal daily. Michelle's sister Isabella sometimes goes to her room and plays with Michelle's stuff. One day Michelle finds Isabella reading the private journal.

Skit

Michelle: Isabella! Why are you in my room and why are you reading my journal?

Isabella: Oooo! You think this kid in math class is cute!

Michelle: Isabella get OUT of my room!

Isabella: *(laughs)* Fine, but I know all about your little secret! *(Continue laughing as she leaves Michelle's room)*

Michelle: Well, I'm going to tell dad! *(Michelle stomps off to tell dad)*



Safety

Safe and secure
from harm;
feeling protected

Scenario

Fatima is walking in the hall after class when Ajit, an 8th grader, bumps into them and says, “What a nerd!” Fatima’s teacher sees this and addresses Ajit’s behavior. Ajit tries to say it was just a joke. Fatima’s teacher explains to Ajit that no one deserves to be picked on. Fatima’s teacher takes Ajit to the principal’s office

Skit

Ajit: *(bumps Fatima intentionally as they pass in the hallway)* Oh, it’s Fatima, the NERD.

Teacher: Hey! I saw that! *(walks toward Ajit and Fatima)* This school is a bully-free zone. We do not tolerate that type of behavior here.

Ajit: Geeze, I was just playing around.

Teacher: Regardless, no one deserves to be picked on like that. Bullying is not a harmless game, my friend. Come with me. We’re going to visit the principal’s office.



Support

Words and actions
that lets you know
that others will help
you and stand up
for you

Scenario

JJ falls in the mud in front of everyone at school. His friend Yan laughs at him and makes fun of him.

Skit

JJ: Oh no! (*slips and falls into the mud*) Aw, gross! I'm covered in mud!

Yan: (*laughing*) I can't believe you just fell into that. You didn't even see it and it was right in front of you!

JJ: It isn't funny, ok?

Yan: (*still laughing*) Man, you are so clumsy!

JJ: Gee, thanks a lot, Yan. Some friend you are.

Yan: (*still laughing*) No problem!



Unconditional Love

Love without
judgment;
both physical and
emotional affection

Scenario

Izaiah takes the long way home from school and gets in trouble with his mom. His mom is upset but reminds him that she still loves him.

Skit

Mom: My goodness, Izaiah! Where have you been?

Izaiah: I'm sorry, Mom. I walked the long way home from school.

Mom: I have been worried sick! You are grounded for the weekend-no video games or computer.

Izaiah: Aw, man. That stinks.

Mom: Don't worry me like that again, honey. But remember, I worry because I love you so much.

Izaiah: I know. I love you too, mom.